Cornell Graduate School is pleased to present psychology professor, author, and president of Barnard College

Sian Beilock

One of the world’s leading experts on the brain science behind “choking under pressure,” and the brain and body factors influencing all types of performance, Sian Beilock was appointed president of Barnard College in 2017.

She has authored two books, the critically acclaimed Choke: What the Secrets of the Brain Reveal about Getting It Right When You Have To (2010) and How the Body Knows Its Mind: The Surprising Power of the Physical Environment to Influence How You Think and Feel (2015), and more than 100 publications.

Prior to her appointment at Barnard, Beilock was the Stella M. Rowley Professor of Psychology and the Executive Vice Provost of the University of Chicago. She works with educators, business leaders, athletic coaches, and those involved in public policy, including serving on a National Research Council committee on decision-making and stress.

Beilock received a BS in cognitive science from the University of California, San Diego, and PhDs in both kinesiology (sport science) and psychology from Michigan State University.

The 2017 Spencer T. and Ann W. Olin Lecture

Sian Beilock
"How to Perform Your Best Under Stress"

Thursday, October 26, 2017
Lecture 7:00 - 8:00 p.m.
Book signing and reception to follow

Klarman Lecture Hall

The Spencer T. and Ann W. Olin Foundation was created at Cornell University to foster intellectual exchange of ideas and help drive discussion of critical issues in the sciences and humanities.